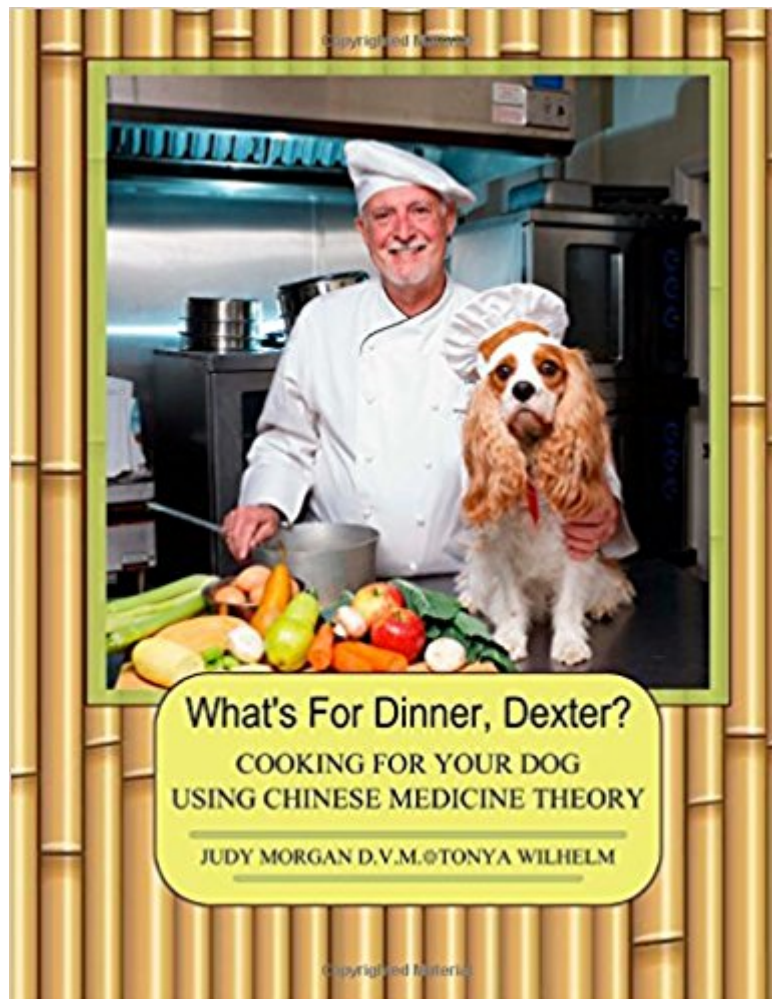


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# What's For Dinner, Dexter?: Cooking For Your Dog Using Chinese Medicine Theory



## Synopsis

The pet-owner bond is strengthened when owners feel they are contributing to their pet's well-being and good health on one of the most intimate levels of human bonding: food. Home cooking for your dog can be fun and easy. By using Chinese Medicine theory, you can keep your pet healthy using fresh, wholesome food ingredients. Learn to use food as medicine by following the simple guidelines in *What's For Dinner, Dexter?* Over 50 main dishes for your dog, some travel meals and snacks.

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (25 customer reviews)

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## Customer Reviews

I was very excited about this book as I home cook for both my dogs and we primarily go to a Chinese Medicine vet. The recipes are great however I am not so comfortable cooking beef hearts or liver, but I am may just try - all for the health of my dog who was saved by a Chinese Medicine Vet when he had chronic vomiting and seizures.

I love this book!! The information is very well written and laid out in an easy to understand format. Makes cooking fun even if you don't like to cook! The book is full of large, beautiful photos and the authors love of her dog shines throughout the book. If you truly want the BEST possible diet for your beloved furchild, then this book is a must have. I bought my copy directly from the author at a recent Pet expo :)

Love this book! Have tried several recipes, got a "dew claws" up from my pups. Also have tweaked

some of the recipes to fit what ingredients I have available. It opened my eyes to experiment and I feel I am doing the best for my pups by avoiding the processed dog foods available. They are what you feed, mine are healthy!

This book is fabulous for those wanting to switch to home cooking for the fur family members. One thing I wish would be addressed is correct feeding amount for dogs less than 20 lbs. There is no way for me to figure out the correct amount for my 6 lb and 9 lb Maltese. If you are a math wiz it will not be a problem...it is Greek to me!

We all spend so much time trying to stay healthy yet we tend to forget about our furry friends. With the news full of dog food recalls, home cooking seems to be the only way to monitor what our fur kids are consuming. This book explains the exact food to health connection in simple terms, it then raises the bar by combining the food into very simple and fun recipes that are very doable by even the busiest dog moms! The fact that all recipes are personally tested and approved by Dexter is a major bonus for me!

This book goes beyond just being a cookbook. Great definitions of ingredients found in kibble, and why we should avoid feeding it! Lots of information on how to properly balance the home cooked meal. Quite a variety of recipes from the traditional chicken and beef to the unique alligator and lobster. There is something for every palate in here!

Provides the healthiest options for all dogs, but "What's For Dinner, Dexter" provides necessary alternatives to the mainstream commercial dog food for dogs who simply cannot eat or thrive on kibble/commercial foods.

Very informative and easy recipes! Ingredients can be found using local butcher (many grocery stores were helpful as well) and in . I like knowing that a respected holistic vet put her stamp on each and every recipe. Another must have for your doggy kitchen!

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